

GJ @ THE SQUARE

**Frozen Home-made
Meals**



**Delivered to Your Home
November - Specials**

Pork & Cider Casserole	£3.00pp
Vegetable Chilli	£3.00pp
Beef Roganjosh	£3.50pp
Salmon & Spinach Bake	£3.50pp
Healthy Turkey Lasagne	£3.00pp

Free Delivery to
Duston, Harpole, Upton, Kislingbury,
St James

Minimum Order - £10.00

£1.00/mile charge over 2 miles from Duston

Please make sure staff are aware of ANY ALLERGIES